CHRISTIAN COUNCIL ON AGEING DEMENTIA GROUP

Dementia and Spirituality
An annotated bibliography

This list is based upon a reading list produced from its holdings by the Library and Information Service at the Stirling Dementia Services Development Centre. The Christian Council on Ageing Dementia Group has now added further material to the list which includes material on spirituality, on dementia and on the links between the two. Items are listed under types of material in chronological order. The majority of books and articles listed here can be obtained either through the Library and Information Service at the Stirling Dementia Services Development Centre or from the organisations listed at the end. A shorter introductory reading list is also available. For further copies of this list (price £3.00) or for the shorter list (£2.00) please send a cheque payable to CCOA to Alison Johnson, 33 The Plain, Brailsford, Ashbourne, Derbyshire, DE6 3BZ Copies can also be downloaded from the web http://rps.gn.apc.org/leveson/resources/study-ccoa.htm

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Conference Papers

Author: GOLDSMITH, Malcolm
Title: Spiritual needs of dementia sufferers.

Author: COLLINS, Kenneth
Title: The Familiar and the Unfamiliar: Dementia in Jewish Life and Tradition.

Author: GOLDSMITH, Malcolm
Title: Dementia: A challenge to Christian theology.

Author: CLARK, Elizabeth
Title: The identification and assessment of spiritual needs.
Abstract: Paper produced as part of the Joint Care in the Community Project, Kent Ecumenical Council describing spirituality and how this fits in with religious experience.

Author: GOLDSMITH, Malcolm
Title: Dementia: a challenge to Christian theology and pastoralia.
Abstract: Paper presented at the Dementia Services Development Centre seminar on Spirituality, 3 September 1996, expands on models of faith and ministering to people with dementia.

Author: JEWELL, Albert
Title: The spiritual needs of older people.
Abstract: Summary of the paper delivered at the Counsel and Care conference on Spiritual Needs of Older People in Residential Homes, 20 May 1997.

Author: FROGGATT, Alison
Title: Spirituality in old age.

Author: BRICHTO, Sidney
Title: Spirituality and old age.
<table>
<thead>
<tr>
<th>Author</th>
<th>TIBBS, Margaret Anne</th>
<th>Title</th>
<th>The heart of the matter.</th>
<th>Source</th>
<th>London: Author, 1998.</th>
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<tbody>
<tr>
<td>Abstract</td>
<td>Paper presented at the Alzheimer’s Disease Society Conference on Personhood on 10 December 1998. Emphasises that to care effectively for the person with dementia and their personhood it is essential to include spirituality. Spirituality is not necessarily religion.</td>
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**Journal Articles and Special Journal Issues**

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<tr>
<td>Abstract</td>
<td>Looks at spirituality and the image of God from the personal reflections of a nursing home chaplain in New Zealand.</td>
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<tr>
<td>Abstract</td>
<td>Paper looking at the spiritual dimensions of sexuality in our later years. Diminishment and loss often occur with increasing age and loss is exacerbated in relationships defined by fidelity and commitment. 47 references.</td>
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<tr>
<td>Abstract</td>
<td>Looks at the spiritual dimension of self from a Christian perspective.</td>
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<tr>
<td>Abstract</td>
<td>Looks at the nurturing of spiritual well-being. 74 references.</td>
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<tr>
<td>Abstract</td>
<td>Explores the topic of spirituality and people with dementia. Five references.</td>
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<tr>
<td>Abstract</td>
<td>Paper suggesting that spirituality should be integrated in nursing care plans and interventions. 22 references.</td>
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<td>Abstract</td>
<td>Looks at the provision of emotional, spiritual and informational needs of carers of people with dementia via a computer network. 26 references.</td>
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<td>Author</td>
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<td>GOLDSMITH, Malcolm</td>
<td>The spiritual needs of people with dementia.</td>
<td>St John’s Church Magazine, February 1994, 10.</td>
<td>Edited script of a talk given at an Age Concern conference in Motherwell, September 1993. Looks at the special problems involved in ministering to people with dementia and how these are fitted into the concepts of faith.</td>
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<tr>
<td>FROGGATT, Alison</td>
<td>Tuning in to meet spiritual needs.</td>
<td>Journal of Dementia Care 2(2), March/April 1994, 12–13.</td>
<td>Article about meeting the spiritual needs of people with dementia. Three references.</td>
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<tr>
<td>FORBES, Elizabeth J</td>
<td>Spirituality, aging, and the community–dwelling caregiver and care recipient.</td>
<td>Geriatric Nursing 15(6), November/December 1994, 297–302.</td>
<td>The purpose of this study was to examine the concept of spirituality and the relationship between the caregiver’s and the care recipient’s concept of spirituality in order to identify its influence on the emotional well-being and the coping ability of both. Sixteen references.</td>
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<td>PRAILL, David</td>
<td>Approaches to spiritual care.</td>
<td>Nursing Times 91(34), 23 August 1995, 55–7.</td>
<td>Argues that nurses who hope to meet the spiritual needs of those in their care should be prepared to embark on their own spiritual journey. Emphasises holistic care in a palliative environment. Six references.</td>
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Author: OLDNALL, Andrew
Title: A critical analysis of nursing: meeting the spiritual needs of patients.
Abstract: Explores some of the difficulties in arriving at a definition of spirituality and examines the extent to which nursing theories incorporate the concept of spirituality. Acknowledges there is a lack of this area in nursing training. 43 references.

Author: MOFFITT, Laraine
Title: Helping to recreate a personal sacred space.
Abstract: Looking at how individualised care has always helped to meet spiritual needs and the importance of the creation of a personal sacred space. Four references.

Author: NARAYANASAMY, Aru
Title: Spiritual care of chronically ill patients.
Abstract: The spiritual features of the chronically ill are identified and elaborated. Guidance is given on the skills required to provide spiritual care for the chronically ill. 34 references.

Author: TURNER, Pauline
Title: Caring more, doing less.
Abstract: Paper looking at how spiritual care may be lost as a result of increasing pressure to describe, measure and quantify nursing interventions. Twelve references.

Author: POWERS, Marie
Title: Homebound elders still need spiritual connection.
Abstract: Looks at the well-being that continued connection with a faith community brings elderly people and the practices that are being implemented to assist in this.

Author: HUNGELOMANN, JoAnn et al
Title: Focus on spiritual well-being: harmonious interconnectedness of mind body spirit – use of the JAREL spiritual well-being scale.
Source: Geriatric Nursing 17(6), November/December 1996, 262–6.
Abstract: Assessment of spiritual well-being is essential to the health of individuals. The JAREL spiritual well-being scale was developed as an assessment tool to provide a way of establishing a nursing diagnosis of spirituality. Clinical use of the data determines and builds on the older client’s strengths and fosters personal growth. Thirteen references.

Author: GOODALL, Margaret
Title: Freed to be themselves, if they can only find themselves.
Source: Journal of Dementia Care 4(6), November/December 1996, 8,11.
Abstract: Letter to the editor from the chaplain at Westbury, the specialist dementia care home, in response to an article by Laraine Moffitt. Very sensitive appraisal of spirituality in people with dementia, how spirituality is expressed and the need for us to help people with dementia find themselves.
**Author**  GORDON, Tom  
**Title**  Clearing the dark corners of the mental attic.  
**Abstract**  Article suggesting that professionals cannot claim to be giving holistic care unless full account is taken of spiritual needs. Calls for a greater emphasis on spirituality in its truer sense in social work training.

**Author**  NOLAN, Peter and CRAWFORD, Paul  
**Title**  Towards a rhetoric of spirituality in mental health care.  
**Abstract**  Explores the different meanings of spirituality and suggests ways in which aspects of spirituality could usefully be included in nursing curricula. 27 references.

**Author**  ELLIOT, Hazel  
**Title**  Religion, spirituality and dementia: pastoring to sufferers of Alzheimer’s disease and other associated forms of dementia.  
**Source**  Disability and Rehabilitation 19(10), 1997, 435–41.  
**Abstract**  Illustrates how religion and spirituality can be related to people with dementia and how churches as organisations can assist them. Also covers ways of minimising communication difficulties and the provision of simple services for people with dementia living in residential care. Touches on the problems which may occur when a practising minister develops dementia. Twelve references.

**Author**  WRIGHT, Steve et al  
**Title**  Spirituality: the awakening.  
**Source**  Nursing Times 93(40), 1 October 1997, 34–8.  
**Abstract**  Collection of papers written in response to an article in Nursing Times on the place of spirituality in nursing care. Papers introduced by Steve Wright of the Sacred Space Project in an article called ‘The Awakenings’ (four references). This is followed by: ‘Cry Freedom’ by Trevor Emdon who asks nurses not to hide or suppress their spirituality (seven references); ‘The Search Inside’ by Jennifer Hall who explains how to achieve a spiritual mode of caring; and ‘A Christian Path’ by Owen Bennett which outlines how Christianity affects nursing care.

**Author**  DYSON, Jane, COBB, Mark and FORMAN, Dawn  
**Title**  The meaning of spirituality: a literature review.  
**Abstract**  A literature review on the meaning of spirituality. Suggests that spirituality is not synonymous with religion and that it is unhelpful in the provision of individualised and person-centred care to adopt this restrictive view. 58 references.

**Author**  SMITH, Jef  
**Title**  Spirituality: fulfilment of the inner needs.  
**Abstract**  Looks at research examining the cultural experiences of dementia. Confirms that elderly people in residential and nursing homes have needs beyond the purely material – spiritual.
Author: BRUCE, Errollyn
Title: How can we measure spiritual well-being?
Abstract: Explores how particular attention needs to be paid to the spiritual well-being of people with dementia, not making the assumption that this is being addressed in person-centred individualised care. Two references.

Author: MARTSOLF, Donna and MICKLEY, Jacqueline
Title: The concept of spirituality in nursing theories: differing world-views and extent of focus.
Abstract: Article reviewing aspects of spirituality found in modern nursing theory. 74 references.

Author: JEWELL, Albert
Title: Caring for the spiritual aspects in later life.
Source: Journal of Dementia Care 6(4), July/August 1998, 10.
Abstract: Describes the work on spirituality and people with dementia undertaken through the help of the Sir Halley Stewart Trust.

Author: LUCK, Fiona
Title: Spirituality: an aid to self-help.
Source: Community Care, 23–29 July 1998, 11.
Abstract: Short news item calling for social work to give more consideration to the spiritual needs of people.

Author: SUFFIELD, M J
Title: A Christian model to meet individual needs.
Source: Journal of Dementia Care 6(4), July/August 1998, 6.
Abstract: Response to article about the measurement of spirituality. Discusses defining spirituality in terms of care for people with dementia.

Author: BEI–HUNG, Chang, NOONAN, Anne E and TENNSTEDT, Sharon L
Title: The role of religion/spirituality in coping with caregiving for disabled elders.
Abstract: Examines the factors that influence and are influenced by religious/spiritual coping among carers of elderly people living in the community. 64 references.

Author: BARRANCE, Sue
Title: Measuring spiritual well-being: essential or intrusive?
Source: Journal of Dementia Care 6(5), September/October 1998, 6.
Abstract: Examines whether measuring spiritual well-being may be intrusive for people with dementia.

Author: EDASSERY, Divakaran and KUTTIERATH, Suresh Kumar
Title: Spirituality in the secular sense.
Abstract: Looks at the assumption that spiritual care of people with chronic or terminal illnesses like cancer or dementia is linked to religion and specifically Christianity. Challenges this view in the light of individuals and communities with cultural and religious backgrounds contrary to Christian cultures. Eleven references.
Author: LAMOND, Carol A  
Title: Spiritual healing.  
Abstract: Looks at the place of spiritual healing in healing the whole person. Not specific to dementia, but relevant.

Author: COVENEY, J  
Title: The science and spirituality of nutrition.  
Abstract: Explores Foucault’s thinking on nutrition from scientific and spiritual perspectives. Not specific to dementia but of interest. 51 references.

Author: ISAIA, D, PARKER, V and MURROW, E  
Title: Spiritual well being among older adults.  
Abstract: Study that finds that older people are a highly spiritual and religious group.

Author: NARAYANASAMY, Aru  
Title: Asset: a model for promoting spirituality and spiritual care education and training in nursing.  
Abstract: Paper presenting a model of spiritual care education for nurses. 64 references.

Author: ESPELAND, Karen  
Title: Achieving spiritual wellness: using reflective questions.  
Abstract: Looks at the importance of maintaining spiritual well-being as part of caring for the whole person. Not specific to people with dementia, but the issue and discussion is relevant. Twelve references.

Author: BARRANCE, Sue  
Title: A hopeful lifeline offered to us all.  
Source: Journal of Dementia Care 7(4), July/August 1999, 13.  
Abstract: Brief comment on the issues raised during a spirituality workshop, which was part of Dementia Care ’99 in Bournemouth. Looks at the likely impact of the Health Service Guideline (92)2, ‘Meeting the spiritual needs of patients and staff’.

Author: HICKS, T J  
Title: Spirituality and the elderly: nursing implications with nursing home residents.  
Source: Geriatric Nursing 20 (3), 1999, 144–6.  
Abstract: Emphasises the importance of staff not imposing their own beliefs on residents.

Author: MOFFITT, Laraine  
Title: Spiritual needs: who cares?  
Abstract: Reports on the launch of a second project on spiritual needs of people with dementia managed by the Christian Council on Ageing. This project aims to provide help and advice to anyone with a responsibility for providing holistic care to people with dementia. CCOA’s first project was largely inspired by Christian concerns. This project aims to work with others to ensure that people with dementia, of all faiths or none, have their spiritual needs recognised and addressed.
Author: EVERETT, Debbie
Title: A Scottish journey: one person’s discoveries of dementia care research in Britain.
Source: Alzheimer 12(3), Fall 1999, 1,6.
Abstract: Brief account of the author’s experiences learned on a study tour from Canada to Scotland. Particular area of interest is spirituality and dementia.

Author: HOWSE, Kenneth
Title: Are spiritual needs best left in the air?
Abstract: Reviews the importance of spiritual needs to a person’s well-being. Particularly discusses the role of religion and where this may be considered in the care of the whole person. Relevant but not specific to dementia. Two references.

Author: KRAUSE, Neal et al
Title: Aging, religious doubt, and psychological well-being.
Abstract: Study investigating whether religious doubt is related to psychological well-being and testing whether age is a factor of any relationship. Findings suggest that spiritual doubt is associated with greater distress and low sense of well-being; this has implications for service planners. Relevant but not specific to dementia. 44 references.

Author: DAY, Karen
Title: Body and soul.
Source: Community Care 1297, 4–10 November 1999, 24.
Abstract: Reviews the link between spirituality and health in elderly people and asks whether the fall in church attendance has added to the social services workload. One reference.

Author: NICHOLLS, Vicky
Title: Spiritual acceptance.
Abstract: There is a need for an acceptance of the diversity of our experiences and beliefs and our cultural and religious backgrounds for truly holistic care and therapeutic mental health (dementia) support to be effective. Five references.

Author: COGGINS, David Lindsay
Title: Poetry and art inspired by caring: the creative response as a coping strategy for the emotional and spiritual needs of the carer.
Abstract: Shows how creative expression in poetry and painting restored meaning to the life of a carer of a person with dementia. Gives examples of the poetry that brought healing and wholeness. Five references.

Author: BARRANCE, Sue
Title: Spirituality and dementia.
Abstract: Article written to highlight the project at Dementia Voice looking into the promotion of spiritual welfare of people with dementia.
Christian Council on Ageing 10 Dementia and Spirituality Reading List

Author EVERETT, Debbie
Title Spiritual care: stretching the soul.
Abstract Gives a personal view of her work as chaplain attending to the spiritual needs of people with dementia at a continuing care centre in Edmonton, Canada.

Author WARNER, Lesley and NICHOLLS, Vicky
Title Spirit of understanding.
Abstract Explores the attention mental health nurses pay to service users’ spiritual needs.

Author FURMAN, Leola
Title Religion and spirituality in social work practice.
Abstract Describes the background to an international survey of social workers on the part religion and spirituality play in social work practice. Of interest to dementia care. Three references.

Author RICHARDS, Jill
Title Developing spiritual care.
Abstract Brief request for information about developing spiritual care for people with dementia living at home.

Author BRANDON, David
Title Bringing spirituality into care planning.
Source Care Plan 7(1), September 2000, 9–11.
Abstract Reviews the place of a spiritual dimension in care planning. Nine references.

Author CARLSON, Dee and HELLEN, Carly R
Title Undo the box – celebrate the gift: spirituality and activity.
Source Alzheimer’s Care Quarterly 1(2), September 2000, 56–66.
Abstract Looks at the place of establishing a sense of personhood and individual spirituality with people with dementia. Three appendices: ‘Religious, spiritual and sacred center assessment of compassionate connectedness’; ‘Activity-focused adapted worship guidelines’; and ‘Opportunities for sharing ministry – dementia care centres and local congregations’. Two references.

Author HEMINGWAY, Elaine
Title Spirituality and the nurse's role.
Source Journal of Community Nursing 14(10), October 2000, 4–5, 10–11.
Abstract Looks at the frequent failure of nurses to fulfil their role in the provision of spiritual care. Of interest to people caring for people with dementia. 49 references.

Author WHITE, Gillian
Title An Inquiry into the concepts of spirituality and spiritual care.
Abstract Inquiry group reports on meetings to explore the lack of clarity surrounding the nature of spirituality and spiritual care, and its importance to person-centred care. Related to dementia care. Nineteen references.
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<th>Author</th>
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<tr>
<td>COTTER, Angela</td>
<td>Healing where night shadows meet.</td>
<td>Journal of Dementia Care 9(1), January/February 2001, 20–22.</td>
<td>Looks at how real communication in dementia care requires a meeting or a relationship at depth in the moment, a kind of spirituality that often acknowledges and affirms the unseen nature of a person. Fourteen references.</td>
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<tr>
<td>NARAYANASAMY, Aru and OWENS, Jan</td>
<td>A critical incident study of nurses’ responses to the spiritual needs of their patients.</td>
<td>Journal of Advanced Nursing 33(4), February 2001, 446–55.</td>
<td>Study aimed at describing what nurses consider to be spiritual needs, how nurses respond to these needs, typifying nurses’ involvement in the spiritual dimension of care and illustrating the effect of nurses’ intervention in this area. Concludes that a model of spiritual care may be developed from this study. Relevant to person-centred care of the person with dementia. 35 references.</td>
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<td>NATHAN, M M</td>
<td>Overcoming barriers to spiritual care.</td>
<td>Sacred Space 2(4), 2001.</td>
<td>This paper addresses the problems identified in the article above and looks at methods of overcoming them.</td>
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<td>ALZHEIMER’S CARE QUARTERLY</td>
<td>The lived experience of dementia.</td>
<td>Alzheimer’s Care Quarterly 2(2), Spring 2001.</td>
<td>Complete issue of a periodical devoted to ‘The lived experience of dementia’. Main feature papers are: Lisa Snyder, The lived experience of Alzheimer’s: understanding the feelings and subjective accounts of persons with the disease (8–22, 71 references) Stephen Post, An ethics of love for persons with Alzheimer’s disease (23–30, 21 references) Virginia Bell and David Troxel, Spirituality and the person with dementia: a view from the field (31–45, 26 references)</td>
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Astrid Norberg, Consoling care for people with Alzheimer’s disease or another dementia in the advanced stage (46–52, 58 references)
Barbara J Newhouse et al, Living alone with dementia: innovative support programs (53–61, three references)
Carly Hellen and Hazel Childs, Dementia x 2: residential care for couples (62–78)
Margaret Calkins, Being there (84–86).

CROWTHER, Martha R et al
Rowe and Kahn’s model of successful aging revisited: positive spirituality – the forgotten factor.
Explains a new concept, positive spirituality, and offers evidence that links positive spirituality with health. The proposed enhancement of Rowe and Kahn’s model will help health professionals, religious organisations, and government agencies to work collaboratively to promote wellness among older adults. 59 references.

CULLIFORD, Larry
Spiritual care and psychiatric treatment – an introduction.
A comprehensive introduction to concepts of spiritual care and their relation to psychiatry. Includes sections on definition, clinical research and training issues. Dementia is not mentioned specifically but there are useful commentaries from Buddhist and Muslim perspectives.

STUCKEY, Jon C et al
Alzheimer’s disease, religion, and the ethics of respect for spirituality: a community dialogue.
Alzheimer’s Care Quarterly 3(3), Summer 2002, 199–207.
Focus group study exploring the ways in which spirituality and religion are central to the experience of Alzheimer’s and of caregiving. 38 references.

THE GERONTOLOGIST
End-of-life research: focus on older populations.
The Gerontologist, 42(S3), 2002, 4–131.
Special Issue III. Contents:
Jeanie Kayser–Jones, The experience of dying: an ethnographic nursing home study
Harold G Koenig, A commentary: the role of religion and spirituality at the end of life
Daniel P Sulmasy, A biopsychosocial-spiritual model for the care of patients at the end of life
Sharon R Kaufman, A commentary: hospital experience and meaning at the end of life
Melinda Beeuwkes Buntin and Haiden Huskamp, What is known about the economics of end-of-life care for Medicare beneficiaries?
Ann Berger et al, A commentary; social and cultural determinants of end–of–life care for elderly persons
Mathy Mezey et al, What impact do setting and transitions have on the quality of life at the end of life and the quality of the dying process?
Joanne Lynn, A commentary: Where to live while dying
Virginia P. Tilden et al, Measurement of quality of care and quality of life at the end of life
Shekhar Saxena, A commentary: cross-cultural quality-of-life assessment at the end of life
Linda K George, Research design in end-of-life research: state of science
Sharon L Tennstedt, Commentary on ‘Research design in end-of-life research: state of science’
Etienne J Phipps, What’s end of life got to do with it?: Research ethics with populations at life’s end
William E Haley, A commentary – Institutional Review Board approval and beyond: proactive steps to improve ethics and quality in end-of-life research
Theresa S. Drought, ‘Choice’ in end-of-life decision making: researching fact or fiction?
Dasniel Callaghan, A commentary – Putting anatomy in its place: developing effective guidelines.

**Author**  DEMENTIA  
**Title**  Dementia, Religion and Spirituality.  
**Source**  Dementia: The International Journal of Social Research and Practice, 02(03), 2003.  
**Abstract**  Special issue. Contents:
Jon C Stuckey and Lisa P Gwyther, Editorial: Dementia, religion and spirituality
Lisa Snyder, Satisfactions and challenges in spiritual faith and practice for persons with dementia
Towako Katsuno, Personal spirituality of persons with early-stage dementia: Is it related to perceived quality of life?
Jon C Stuckey, Faith, aging, and dementia: Experiences of Christian, Jewish, and non-religious spousal caregivers and older adults
Carol J Farran and Mary Horton Elliott, Spirituality in multicultural caregivers of persons with dementia
Marcie C Nightingale, Religion, spirituality, and ethnicity: What it means for caregivers of persons with Alzheimer’s disease and related disorders
Robert M Lawrence, Aspects of spirituality in dementia care: When clinicians tune into silence
Helen Gilmour, Faith Gibson and Jim Campbell, Living alone with dementia: A case study approach to understanding risk
Daphne Wallace, Spiritual Care and the Person with Dementia: The Development of Guidelines to Support Staff Working with People with Dementia
Rose-Marie Droes, Franka J M Meiland, Myra Vernooij-Dassen and Willem van Tilburg, The Meeting Centres Support Programme: An Effective Way of Supporting People with Dementia Who Live at Home with their Carers
Latifa Ismail and Jennifer Mackenzie, Convening and facilitating support groups for South Asian family carers of people with dementia: experiences and challenges.

**Author**  HALE, W Daniel and BENNETT, Richard G  
**Title**  Addressing health needs of an aging society through medical-religious partnerships: what do clergy and laity think?  
**Source**  Gerontologist, 43(6), 2003, 925–30.  
**Abstract**  This article reports on the interest within the religious community in a medical-religious partnership model designed to address some of the health challenges communities face as the population continues to age and becomes more diverse.

**Author**  HIGGINS, Patricia  
**Title**  Holding a religious service for people with dementia.  
**Source**  Journal of Dementia Care 11(3), May/June 2003, 10–11.  
**Abstract**  Written from the viewpoint of a charge nurse, this article looks at how holding a religious service can enrich life and well-being for people with dementia. This has extended into a weekly Candlelight Group on the ward which meets for prayer.
Author: ROFF, Lucinda Lee and PARKER, Michael W
Title: Spirituality and Alzheimer’s disease care.
Abstract: A growing body of research evidence underscores the importance of spirituality in late life adaptation to chronic disease. Similarly, religious coping has been found to be a significant source of support to family members and carers of people with dementia. Despite these trends, interventions that explicitly take into account the spirituality and religious traditions of persons with Alzheimer’s disease and their families are rare. This article explores some of the ways that spiritual and religious concerns can be more fully incorporated into Alzheimer’s disease care.

Author: COLEMAN, Peter G, IVANI–CHALIAN, Christine and ROBINSON, Maureen
Title: Religious attitudes among British older people: stability and change in a 20–year longitudinal study.
Abstract: Britain along with other western European countries has seen a marked decrease in allegiance to traditional forms of Christianity during the latter part of the 20th century. Although church attendance remains relatively high among older people compared with younger age groups, there has been little or no investigation into the stability or change of people’s religious belief and practice with increasing age. This paper present findings on these issues from the Southampton Ageing Project, which from 1977–8 to 2002 followed 342 people almost all of whom had had an entirely Christian religious education and all of whom at the outset were aged 65 or more years.

Author: GENERATIONS REVIEW
Title: Religion, Spirituality Death and Dying
Abstract: Special issue. Contents:
Peter Coleman, Is religion the friend of ageing?
Dale Lund, Michael Caserta, Brian de Vries and Scott Wright, Restoration after bereavement
Kenneth Howse, Religion and spirituality in later life
Alison McInnes, Meldrew or Methuselah: the mythology of old age
Robert Merchant, Spirituality: the new religion?
Peggy Heeks, Meaning-making in later life
Sadie Bawn, Susan Benbow, David Jolley and Paul Kingston, Transition process between working aged adult and older adult psychiatric services

Author: GOLDSMITH, Malcolm
Title: Spirituality, religion and faith in dementia care.
Abstract: A reflection on what religious and spiritual ideas have to offer to people with dementia and on relations between churches and people with dementia.

Author: LLOYD, Murray
Title: Understanding spirituality: tuning in to the inner being.
Abstract: A retired geriatrician from New South Wales, Australia discusses a step-by-step approach to a view of dementia care through ‘spiritually enhanced active listening’ which engages fully with the person with dementia in the context of their spiritual needs and expressions.
**Author** HIGGINS, Patricia  
**Title** Bringing spiritual light into dementia care.  
**Source** Journal of Dementia Care 13(2), March/April 2005, 10–11.  
**Abstract** A description of the Candlelight Group which brings together a small group of people with dementia in a day hospital in Sutton, Surrey for a regular act of worship. The project won the Queen’s Nursing Institute/Alzheimer’s Society award for excellence and innovation.

**Author** KIRKBRIDE, Susan  
**Title** A restorative for the soul.  
**Abstract** The author explains the background to a collaborative production of a CD of favourite hymns for older people based on a survey carried out with a sample of people for whom the CD was intended, many of whom were living with dementia.

**Books**

**Author** FISH, Sharon  
**Title** Alzheimer’s: caring for your loved one, caring for yourself.  
**Abstract** Originally written for the United States, this edition has been adapted for the UK by Susan Cuthbert. About caring for the person with dementia along with yourself as carer, covers seeking diagnosis, explains dementia, coping mechanisms, challenging behaviour, risks and safety, support groups and carers’ needs, facing up to bereavement and death and spiritual support. Sensitively written.  
**ISBN** 0–7459–1880–8

**Author** FROGGATT, Alison and SHAMY, Eileen  
**Title** Dementia: a Christian perspective.  
**Abstract** Two papers originally published in 1992 on the spiritual well-being of people with dementia: ‘God within confusion’ by Alison Froggatt and ‘Ministry to elderly confused people’ by Eileen Shamy. It includes an updated introduction and bibliography.

**Author** HELLEN, Carly R  
**Title** Alzheimer’s disease: activity-focused care.  
**Abstract** Manual providing practical and innovative strategies, interventions and guidelines for professional carers working with people with dementia. Emphasises activities of daily living, exercise and mobility to maintain a sense of well-being, abilities, communication, eating, restraint, quality of life, spirituality, terminal care carers and the need for support.  
**ISBN** 1–563–72018–3

**Author** ROBB, Thomas B  
**Title** Growing up: pastoral nurture for the later years.  
**Abstract** Book looking at the development of programmes which explore the more personal and spiritual aspects of ageing, particularly for older people. Covers issues such as midlife crisis, retirement, widowhood, caring, dying, loss and grief from a pastoral point of view.  
**ISBN** 1–562–04073–3
TREETOPS, Jackie
Title: A daisy among the dandelions: the church’s ministry with older people; suggestions for action.
Abstract: Description of a ministry amongst older people, and helpful suggestions of ways in which spirituality can be fostered in later life.

HARRISON, Judy and BURNARD, Philip
Title: Spirituality and nursing practice.
Abstract: Book exploring spiritual care in nursing. Offers a review of literature on spirituality and nursing care, the results of a qualitative and descriptive study into the topic and some indicators of how spirituality may be addressed in nurse education.

KOENIG, Harold G
Title: Aging and God: spiritual pathways to mental health in mid-life and later years.
Abstract: Book addressing the themes of health and spirituality in elderly people. The headings of the six parts are ‘Religion and the mental sciences’, ‘Theoretical issues’, ‘Advances in science’, ‘Clinical applications’, ‘Special concerns of later life’ and ‘The final frontier’. Topics addressed include stages of faith (Fowler), depression, religion and coping, anxiety, meeting spiritual needs, role of the chaplain, psychotherapy, dementia and long-term care, bereavement, conversion, death and dying, suicide and risk and physician assisted suicide (euthanasia).

STOTER, David
Title: Spiritual aspects of health care.
Abstract: Book covering the basic principles of spirituality and how this relates to the healthcare of people. Covers spiritual need and spiritual care, carers, patients’ response, provisions for meeting special needs in particular situations, practical issues in management and delivery of spiritual care and wholeness and healing in spiritual care.

EVERETT, Deborah
Title: Forget me not: the spiritual care of people with Alzheimer’s Disease.
Abstract: Book looking at the spiritual care of people with dementia. Examines areas of ministry that are viable and effective, considers the ethical issues involved in addressing the spiritual needs of people with dementia, illustrating both from experience. Three references.

GOLDSMITH, Malcolm
Title: Hearing the voice of people with dementia.
Abstract: Based on a series of interviews with people with dementia and professionals working in the field, an extensive literature search and a consultative document sent to over 1000 people, this book, written by a Christian minister, looks at the disempowering experience of dementia and means of communication.
<table>
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<tr>
<th>Author</th>
<th>Title</th>
<th>Source</th>
<th>Abstract</th>
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<tbody>
<tr>
<td>POST, Stephen G</td>
<td>The moral challenge of Alzheimer’s disease.</td>
<td>Baltimore: Johns Hopkins University, 1996.</td>
<td>In this challenging book the author looks at all aspects of dementia in terms of the moral challenges that arise. He gives clinical examples which highlight the day-to-day dilemmas that arise for those involved. Towards the end he looks at the vexed issues of resuscitation, assisted dying, withdrawal of treatment and euthanasia – words that need definition and clarity to enable coherent and meaningful debate.</td>
</tr>
<tr>
<td>BRIGHT, Ruth</td>
<td>Wholeness in later life.</td>
<td>London: Jessica Kingsley, 1997.</td>
<td>Looks at caring for elderly people from the holistic perspective. Discusses the cultural aspects of ageing and uses case studies to provide examples of how quality of life may be improved. Some topics covered are culture, sexuality and relationships, spirituality, emotional and psychological changes, physical disability, music therapy, person-centred individual care, social support, terminal care.</td>
</tr>
<tr>
<td>MARSHALL, Mary (ed)</td>
<td>State of the art in dementia care.</td>
<td>London: Centre for Policy on Ageing, 1997.</td>
<td>Fifty contributions on issues, areas of practice and new approaches covering therapy, advocacy, communication, buildings, training, technology, policies, sub-groups, staff sex, spiritual needs and drugs. These give an overview of the challenging and innovative area of care and service provision for the person with dementia. Of particular relevance is chapter 49 by Froggatt and Moffitt.</td>
</tr>
<tr>
<td>RONALDSON, Susan (ed)</td>
<td>Spirituality: the heart of nursing.</td>
<td>Melbourne, Victoria: Ausmed, 1997.</td>
<td>Considers the place of spirituality in nursing care and in the well-being of both carer and cared for. Chapters cover issues such as nurses as spiritual carers, connectedness, wounded healers, ageing, dementia care, death and dying, palliative care.</td>
</tr>
</tbody>
</table>
Author | ROSS, Linda A
Title | Nurses’ perceptions of spiritual care.
Abstract | Reports on a study exploring how nurses working in ‘care of the elderly’ hospitals in Scotland perceived spiritual need and care and professed to have given this care in practice. No specific mention of dementia, but relevant. 29 references.
ISBN | 1–85972–618–6

Author | SHAMY, Eileen
Title | More than body, brain and breath: a guide to spiritual care of people with Alzheimer’s disease.
ISBN | 0–90881–578–6

Author | COBB, Mark and ROBSHAW, Vanessa (eds)
Title | The spiritual challenge of health care.
Abstract | Deals with the complex issues of spirituality in health care, a neglected area. Series of papers covering issues such as spiritual care and health care – what’s the difference?, meaning of spirituality in illness, world faiths and religions, cultural differences, sociological perspective, nurses’ role in spiritual care, spirituality and science, professional practice, hospice care and values in a secular age. No specific mention of dementia. 24 references.
ISBN | 0–443–05920–9

Author | JEWELL, Albert (ed)
Title | Spirituality and ageing.
Abstract | A collection of seventeen essays on spirituality and ageing with five relating specifically to dementia. The book grew out of the Sir Halley Stewart Project, which aimed to raise awareness of the spiritual needs of older people and encourage interest in the spirituality of ageing. 123 references.

Author | COBB, Mark
Title | The dying soul: spiritual care at the end of life.
Source | Buckingham: Open University, 1999.
Abstract | Explores the concepts, issues and practical implications of spirituality in care at the end of life.
ISBN | 0–335–20053–2

Author | JONES, Moyra
Title | Gentlecare: changing the experience of Alzheimer’s disease in a positive way.
Abstract | Useful book describing a prosthetic model of care that maximises client function by providing services designed to compensate for the deficits caused by Alzheimer’s disease and related
dementias. Covers dementias and their effects, assessment (mental, physical, socio-cultural, spiritual and environmental), care programmes and activities, activities of daily living, communication, meals and diet, home and designing of environment, and the family as carers and volunteers.


Author TSCHUDIN, Verena (ed)
Title Counselling and older people: an introductory guide.
Abstract Contributors are themselves all well over 50. Issues covered include losses in later life; bereavement; personality styles and counselling; the importance of memories; dimensions of a counselling service; religious and spiritual issues; working with older women; advocacy and communication.

ISBN 1–86242–245–0

Author ALDRIDGE, David
Title Spirituality, healing and medicine: return to the silence.
Abstract Evaluates the literature to ascertain how effective and influential spiritual healing may be on people's physical and psychological well-being. No specific mention of dementia. 200+ references.


Author CORLEY, G (ed)
Title Older people and their needs.
Abstract Includes a chapter by P Huxham, ‘I’m not very religious but … ’ He writes from the experience of 35 years as an Anglican priest in parish and hospital ministry. Stories from those he encountered in distress and need and of the staff who cared for them are woven into a helpful exposition of the need for time and training for effective caring for the spiritual needs of all in care, particularly those with dementia.

ISBN 1–86156–083–4

Author JEWELL, Albert
Title Grow old along with me.
Abstract Includes a chapter on ‘Dementia and old age’.

ISBN 0–7197–0983–0

Author KIMBLE, Melvin A (ed)
Title Viktor Frankl’s contribution to spirituality and aging.
Abstract Co–published simultaneously as Journal of Religious Gerontology 11(3/4), 2000. An anthology of papers on the work of Viktor Frankl, the founder of Logotherapy, which has come to be called the Third Viennese School of Psychotherapy (after Freud’s psychanalysis and Adler’s individual psychology).

Author: McSHERRY, Wilfrid
Title: Making sense of spirituality in nursing practice: an interactive approach.
Abstract: An accessible introduction to issues concerning the spiritual dimension of nursing practice. It draws extensively on case studies, illustrating application to practice, and encourages readers to reflect on what spirituality means to them.

Author: THORSON, J A (ed)
Title: Perspectives on spiritual well being and aging.
Abstract: Suggests that people who participate in a spiritual life may have an easier time coping with the losses that occur as a result of ageing.

Author: CANTLEY, Caroline (ed)
Title: A handbook of dementia care.
Abstract: Presents an overview of the current knowledge in the field of dementia care. In three sections: the first, Understanding dementia, looks at the biomedical and clinical perspectives, the psychological perspectives, personhood, sociology, philosophical and spiritual aspects, experience of people with dementia, carers; the second, Practice knowledge and development, looks at practice development, assessment, care planning and management, ethnic minorities, communication, therapeutic activities, care settings and the environmental design, ethics; the third, policy, organisations and research, covers policy, organisations, quality, involving users, research and practice. See especially the chapter on philosophical and spiritual perspectives by P A Coleman and Marie Mills.
ISBN: 0–335–20383–3

Author: CASON, Ann
Title: Circles of care: how to set up quality home care for our elders.
Abstract: Book about the experience of home care for elderly people in America. Written by the founder of an organisation providing home care consultancy and training for families and professional carers. Care studies and examples are used to show how to provide quality care at every level: physical, psychological, emotional and spiritual. Topics covered include: arrangements of daily care, the care team, accepting the new life, enriching the environment, working with mood swings, confusion and memory loss, transition into long-term care and caring for the dying. Some mention of dementia. No index.

Author: FIRTH, Shirley
Title: Wider horizons: care of the dying in a multicultural society.
Abstract: Gives an overview of ‘Opening doors’ (Hill and Penso, 1995) and reviews literature since 1995, discussing selected issues such as suitability and appropriate location of specialist palliative care services; religious and spiritual care; recruitment of ethnic minority staff and outreach.
Author JEWELL, Albert
Title Older people and the churches.
Abstract The two chapters by Laraine Moffitt and by Gaynor Hammond and Jackie Treetops discuss the dangers of people with dementia being marginalised by the churches.

Author KILLICK, John and ALLAN, Kate
Title Communication and the care of people with dementia.
Abstract Looks at the challenges, opportunities and ethical dilemmas associated with interacting with people with dementia. It assists readers to ‘understand the need to see the “me” within the “he” or “she”’.
ISBN 0–335–20775–8 or 0–335–20774–X (paperback)

Author MacKINLAY, Elizabeth, ELLOR, James W and PICKARD, Stephen (eds)
Title Aging, spirituality and pastoral care: a multi-national perspective.
ISBN 0–7890–1669–9

Author MacKINLAY, Elizabeth
Title The spiritual dimension of ageing.
Abstract Gives clear and practical guidance to health, social care, and religious practitioners seeking to identify and meet the spiritual needs of elderly people in their caring role. Some mention of spirituality and people with dementia.

Author MOBERG, David O (ed)
Title Aging and spirituality: spiritual dimensions of aging theory, research, practice, and policy.
Abstract Divided into four sections this book surveys the issues of spirituality, from definitions to assessment of the role spirituality plays in the lives of the elderly. In ‘Conceptual and theoretical foundations’ issues of the centrality of spirituality, the spiritual role of elderly people, spirituality in gerontological theory are discussed; in ‘Research and spirituality’ attitudes towards death, the increase of spirituality with age are examined; in ‘Professional and practical applications’ the place of spiritual care in primary health care, hospice care, counselling, social work practice, life review, and the chaplaincy are discussed; in ‘Policy implications and priorities for the future’ connecting spirituality to long-term care needs, evaluation and research and continuing challenges are covered. No specific mention of dementia.
ISBN 0–7890–0939–0

Author NARAYANASAMY, Aru
Title Spiritual care: a practical guide for nurses and healthcare practitioners.
Abstract A resource guide for nurses and allied healthcare professionals that stresses the holistic nature of nursing – treating the whole patient.
Author: ORCHARD, Helen (ed)
Title: Spirituality in health care contexts.
Abstract: This book engages theoretically and practically with three areas of interest: the organisational context in which spiritual care is provided; the work of spiritual care givers; and socio-cultural systems in which care is provided, including discussion of issues pertinent to Christian, Jewish, Muslim and multi-faith scenarios. An invaluable reflective tool for health care and religious professionals as well as managers and policy makers seeking to improve the spiritual care of today’s diverse patient population.

Author: SUTCLIFFE, David
Title: Introducing dementia: the essential facts and issues of care.
Abstract: Comprehensive introductory guide to dementia stresses the importance of person-centred care, emphasising physical, emotional, psychological and spiritual care. Written for care workers new to working with people with dementia. Useful for carers. Covers what is dementia, different types, effects, issues of care at home and long-term care, activities, home carers and financial matters. Each chapter ends with a useful list of key points.
ISBN: 0–86242–283–3

Author: SWINTON, John
Title: Spirituality and mental health care: rediscovering a ‘forgotten’ dimension.
Abstract: Explores the connections between mental health or illness and spirituality and draws on these to provide practical guidance to people working in the mental health field, including dementia.

Author: KNOX, Ian S
Title: Older people and the church.
Abstract: Explores the relationships between older people and the church, sociologically and theologically. Challenges churches to reassess their pastoral approach to the elderly and raises questions about the spirituality of ageing.
ISBN: 0–567–08882–0

Author: NASH, Mary and STEWART, Bruce (eds)
Title: Spirituality and social care: contributing to personal and community well-being.
Abstract: A comprehensive resource for professionals and students in social care who engage with the spiritual dimension of their therapeutic work with clients, who include children, older people, people with learning disabilities, and ethnic minorities. Drawing on theological and philosophical ideas from different cultures, it provides a resource for those training or practising in social work, mental health, pastoral care and counselling.
Author: PORTER, Helen
Title: The long goodbye: comfort for carers.
Abstract: Booklet written by a carer whose husband had dementia. Practical and spiritual support based on the author’s own experiences.

Author: JEWELL, Albert (ed)
Title: Ageing, spirituality and well-being.
Abstract: This book brings together the papers from the international conference with this title held in Durham in 2002. The papers explore how the particular spiritual needs of older people can be defined and addressed and how meaningful care and support can be given. It includes a chapter by John Killick entitled ‘Magic mirrors’.

Author: MacKINLAY, Elizabeth (ed)
Title: Mental health and spirituality in later life.
Abstract: Explores the relationship between mental health, spirituality and religion including the search for meaning, cultural issues, spiritual issues, dementia and depression. Includes a chapter ‘Dementia – a spiritual journey towards the divine’ by Christine Bryden who writes about her faith and her Alzheimer’s disease.
ISBN: 0–7890–2123–4

Author: SHAMY, Eileen
Title: A guide to the spiritual dimension of care for people with Alzheimer’s disease and related dementia: more than body, brain and breath.
Abstract: Edited by Albert Jewell, this is a fully revised edition of ‘More than body, brain and breath’ (see above)

Author: WATTIS, J and CURRAN, S (eds)
Title: Practical management of dementia; a multi–professional approach.
Abstract: The book is aimed at all healthcare professionals involved in the care of those with dementia. In a chapter ‘Spiritual aspects of dementia’, Daphne Wallace outlines the various aspects of spirituality and person-centred care as applied to those with dementia. Being, rather than doing, in the carer as well as the person with dementia is necessary to enhance care of the person.

Author: GOLDSMITH, Malcolm
Title: In a strange land: people with dementia and the local church – a guide and encouragement for ministry.
Abstract: This book, written by someone who has spent many years as a parish priest, is full of reflections and suggestions for ministry with people with dementia, either in church congregations, care homes or families.
ISBN: 0–95304–946–9
# Booklets

<table>
<thead>
<tr>
<th>Author</th>
<th>HITZIG, Juan</th>
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<tbody>
<tr>
<td>Title</td>
<td>Does this have to be in my life?: a spiritual guide for carers.</td>
</tr>
<tr>
<td>Abstract</td>
<td>Booklet with short quotes to help the spiritual well-being of carers of people with dementia.</td>
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<tr>
<th>Author</th>
<th>MURPHY, Charles</th>
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<tbody>
<tr>
<td>Title</td>
<td>Dementia care and the churches: involving people and premises.</td>
</tr>
<tr>
<td>Source</td>
<td>Stirling: Dementia Services Development Centre, 1997.</td>
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<tr>
<td>Abstract</td>
<td>This report describes how churches have become involved in supporting people with dementia in the community, particularly through day care provision. The report also provides guidance on setting up similar initiatives.</td>
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<tr>
<th>Author</th>
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<tr>
<td>Title</td>
<td>Dementia, ethics and the glory of God.</td>
</tr>
<tr>
<td>Abstract</td>
<td>The text of a lecture originally delivered in 1997 at the Christian Council on Ageing Newcastle Dementia Project conference in Durham. Covers seven specific ethical, spiritual and person-centred issues for a person with dementia, and relates the personhood approach to his understanding of the glory of God.</td>
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<tr>
<th>Author</th>
<th>MOFFITT, Laraine</th>
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<tbody>
<tr>
<td>Title</td>
<td>The spiritual needs of people with dementia.</td>
</tr>
<tr>
<td>Abstract</td>
<td>One of a set of ten booklets produced by the Sir Halley Stewart Age Awareness project. The author urges strongly from her experience in the CCOA Dementia Group Newcastle Project that people with dementia have exactly the same spiritual needs as everyone else.</td>
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<tr>
<td>ISBN</td>
<td>1–902452–04–6</td>
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<tr>
<td>Title</td>
<td>Visiting people with dementia.</td>
</tr>
<tr>
<td>Abstract</td>
<td>Suggestions for people making visits, particularly pastoral, to people with dementia.</td>
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<tr>
<td>Title</td>
<td>Worship for people with dementia.</td>
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<tr>
<td>Abstract</td>
<td>Suggestions for developing a Christian act of worship for people with dementia.</td>
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<tr>
<th>Author</th>
<th>AIREY, Jo, HAMMOND, Gaynor, KENT, Pam and MOFFITT, Laraine</th>
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<tbody>
<tr>
<td>Title</td>
<td>Frequently asked questions on spirituality and religion.</td>
</tr>
<tr>
<td>Abstract</td>
<td>A booklet produced by four project workers in response to the questions they are frequently asked about spirituality and religion and the relationship between the two.</td>
</tr>
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<td>Author</td>
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<tr>
<td>CHRISTIAN COUNCIL ON AGEING</td>
<td>Living with dementia: resources from Christian organisations.</td>
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<tr>
<td>HAMMOND, Gaynor</td>
<td>The friendship club: a practical way of caring.</td>
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<td>HAMMOND, Gaynor</td>
<td>The memory box.</td>
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<td>JEREMIAH, Margaret</td>
<td>Alone with dementia.</td>
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<td>McDONALD, Suzanne</td>
<td>Memory’s tomb: dementia and a theology of Holy Saturday.</td>
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<tr>
<td>HIGGINS, Patricia and ALLEN, Richard</td>
<td>Lighting the way: spiritual and religious care for those with dementia.</td>
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<tr>
<td>Author</td>
<td>GREEN, Jennifer</td>
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<td>Source</td>
<td>London: Macmillan, 1993.</td>
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<tr>
<td>Author</td>
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<tr>
<td>Author</td>
<td>KITWOOD, Tom and BENSON, Sue (eds)</td>
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<td>Source</td>
<td>London: Hawker Publications, 1995.</td>
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<td>ISBN</td>
<td>1–87479–017–5</td>
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<tr>
<td>Author</td>
<td>THE BRENDONCARE FOUNDATION</td>
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<tr>
<td>Source</td>
<td>Hampshire: The Brendoncare Foundation, 1996.</td>
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<tr>
<td>Author</td>
<td>DEPARTMENT OF HUMAN SERVICES</td>
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<td>Source</td>
<td>Melbourne, Victoria: Department of Human Services, 1996.</td>
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quality of care, discharge policies and training and education. Useful document for those planning services for the palliative care of people with dementia.

Author: REGAN, Dominic and SMITH, Jef  
Title: The fullness of time: how homes for older people can respond to their residents’ need for wholeness and a spiritual dimension to care.  
Abstract: Explores good practice in relation to the spiritual and personal values of residents in residential and nursing home care.  

Author: ROYAL COLLEGE OF NURSING  
Title: RCN assessment tool for nursing older people.  
Abstract: Information pack on the RCN. assessment tool for nursing older people includes an introduction to the assessment tool, a guide for using the assessment tool and example of the schedule. Assessment in three parts: maximising life potential, covering personal and spiritual fulfilment, social relations, sexuality, and cognition; prevention and relief of distress, covering communication, pain control, senses, memory, orientation, loss, change and adaptation, behaviour and relatives and carers; and promotion and maintenance of health status covering personal hygiene, dressing, motivation, sleeping, mobility, elimination of urine and faeces, risk, eating and drinking, breathing and emotion.

Author: MOFFITT, Laraine  
Title: Practice guide.  
Abstract: Guide to assist in the replication and setting up of similar projects to the Newcastle Dementia Working Group project looking at the local spiritual needs of people with dementia. Project looked at pastoral care; patterns of worship, education and training in church, health and social care and carers groups; and the development of networks, good practice, theological reflection and training materials.  

Author: MORTON, Glynis  
Title: Final evaluation of the CCOA Dementia Project based at Newcastle upon Tyne.  
Abstract: Report of the study evaluating the Christian Council on Ageing Dementia Project. The three year project was to carry out new work with and for people with dementia and their carers with particular emphasis on their spiritual needs both within the community and in residential and nursing home care.  

Author: COUNSEL AND CARE  
Title: Moving to quality: good practice for staff in residential care and nursing homes.  
Source: London: Counsel and Care, 1999.  
Abstract: A series of eight booklets on aspects of caring for elderly people in residential and nursing homes. Written for staff to encourage good practice and improvement in the quality of life for residents. 1 New residents; 2 Health care; 3 Parkinson’s disease; 4 Continence; 5 Sight loss; 6 Fostering residents’ self-determination; 7 Working in a multi-cultural environment; 8 Personal and spiritual values.  
Christian Council on Ageing 28 Dementia and Spirituality Reading List

Author HOWSE, Kenneth
Title Religion, spirituality and older people.
Abstract Looks at the significance of religion to well-being in elderly people. Draws on research from the United States and current experience of religious organisations. Chapters on religious commitment in the UK, social policy and action, well-being, and meeting needs for spiritual support. 200 references.

Author HAMMOND, Gaynor and MOFFITT, Laraine
Title Spiritual care: guidelines for care plans.
Abstract Booklet written to assist staff in residential and nursing homes consider the spiritual needs of people with dementia within the context of their existing care plans.

Author NEAL, Isobel
Title Towards a Christian understanding and response to dementia: implications of an understanding of dementia for spiritual care.
Abstract Honours dissertation looking at how the Christian community may respond to dementia and attend to the spiritual needs of people with dementia. Well thought out philosophy and theology, including case studies and literature review. 64 references.

Author ALLEN, Brian
Title Religious practice and people with dementia: a resource for carers.
Abstract Religious belief and practice is for some people with dementia a vital part of their spirituality. This book contains basic introductory information to five major world faiths (Christianity, Hinduism, Islam, Judaism and Sikhism) with prayers and sacred readings.

Author BRUCE, Errollyn, SURR, Claire and TIBBS, Margaret Anne
Title A special kind of care: improving well-being in people living with dementia.
Source Derby: MHA Care Group, 2002.
Abstract The report of research commissioned from the Bradford Dementia Group shortly before the death of Professor Tom Kitwood. A longitudinal study of 93 residents with dementia in ten MHA care homes, it found that their well-being was very fragile and could easily be upset by what might otherwise seem to be small events and trivial interactions and that the special understanding of staff played a key role in contributing towards well-being.
ISBN 1–902452–11–9

Author STRATEGIES FOR LIVING PROJECT
Title ‘Taken seriously’ – The Somerset Spirituality Project.
Abstract The Somerset Spirituality Project examined the religious and spiritual needs and resources of mental health service users/survivors, mostly through interviews. This research confirmed the users’ perception of the need for spiritual care.
**Conference Reports**

**Author** HAMMOND, Gaynor and TREETOPS, Jackie  
**Title** The wells of life.  
**Abstract** The writers explore from their considerable experience how to capture moments of worship with people who have dementia, tapping the resources that lie within.

**Conference Reports**

**Author** PSYCHOLOGISTS’ SPECIAL INTEREST GROUP IN THE ELDERLY  
**Title** People, Age, Remembering and Time: Abstracts (Annual Conference).  
**Source** York: PSIGE, 1995.  
**Abstract** Abstracts of the papers for the British Psychological Society’s Division of Clinical Psychology PSIGE’s annual conference held in York, 19–21 July 1995. Includes topics such as sexuality and dementia, life review, reminiscence, spirituality, bereavement counselling, well-being, psychotherapy, and positive attitudes to dementia care.

**Conference Reports**

**Author** LLOYD, Murray  
**Title** Key Extracts from the Seventh Congress of the International Psychogeriatric Association, Sydney, 29 October to 3 November 1995.  
**Source** Sydney, Australia: Author, 1995.  
**Abstract** Summary of the Seventh International Psychogeriatric Association Congress, Oct/Nov 1995, highlighting various papers as extracts, including development of services, depression, shared care, Alzheimer’s disease controversies, moral and spiritual issues. Seven references.

**Conference Reports**

**Author** AYRSHIRE DEMENTIA SUPPORT ASSOCIATION  
**Title** Third Ayrshire conference on dementia: good quality care a focus on values.  
**Source** Ayr: University of Paisley, 1997.  
**Abstract** Programme and papers from the third Ayrshire conference on dementia held at the Craigie Campus of the University of Paisley in Ayr on 3 June. Contributions from:  
Kate Allen, Psychological approaches to people with dementia  
Jeff Smith, Risks, rights and restraint  
Elizabeth Barnett, Towards co-operative care: making a reality of the person-centred approach  
R C Fullarton, The legal implications of dementia  
Alan Hughes, New developments in drug treatments  
Kenneth Collins, Living wills: a research agenda  
Averil Harrison, Practical approach to maintaining the spiritual well-being of people with dementia.

**Conference Reports**

**Author** VARIOUS  
**Title** Mind the gap: the multi-service and multi-faith approach to health.  
**Source** Unknown, 1998.  
**Abstract** Conference pack of ‘Mind the gap’, a conference on spiritual care held in Forte Posthouse, Erskine on 19 March 1998. Includes a programme, participants list, biographies of speakers, workshops with participants – titles such as ‘The challenge of change’, ‘Spiritual issues in clinical care for adults’, ‘Training and use of volunteer support in spiritual care’, ‘Staff support issues’, ‘Multi-cultural issues’, and notes by James Woodward, Diocese of Birmingham, Bishop’s Adviser for Health and Social Care ‘Some straw for the bricks? Developing standards for spiritual, religious and cultural care’ which includes definitions, policies and guidelines, staff education and training, obtaining levels of patient satisfaction with experience of pastoral care with survey questionnaire, outcomes of pastoral, emotional and...
spiritual support questionnaire, information about the chaplaincy team at University Hospital Birmingham NHS Trust, leaflets about the chaplaincy team, hints for chapel escorts, guidelines for chaplaincy volunteers at University Hospital Nottingham.

**Author** ALZHEIMER EUROPE / ALZHEIMER'S DISEASE SOCIETY  
**Title** A meeting of minds: care and science in dementia. Conference Pack.  
**Abstract** Conference pack for the ‘A meeting of minds’ conference, London, 30 June – 2 July 1999. Includes booklet of abstracts of conference papers on a wide variety of crucial topics arranged in subject areas such as: quality care, diagnosis and assessment, supporting carers, ethical issues, evidence based on interventions and new treatments, the person with dementia, younger people with dementia, European comparisons, different approaches to care and other dementias; a booklet entitled ‘Nutrition, Alzheimer's disease and health promotion’ and ‘Looking for the spiritual’ by Margaret Goodall and Michael Broughton, a 5-page paper produced by Methodist Homes promoting spiritual well-being through person-centred care (very useful practical suggestions).

**Author** BRITISH SOCIETY OF GERONTOLOGY  
**Abstract** Conference programme, abstracts and list of delegates for the 28th annual conference of the BSG held 17–19 September 1999 in Bournemouth. Areas covered of interest to dementia were hearing the voice, consulting people with dementia using groups, residential care, outcome measures, multi-sensory environments, reminiscence, Royal Commission, carers, spirituality, pain, learning disabilities and community care.

**Author** WORLD ALZHEIMER CONGRESS 2000  
**Abstract** The proceedings of the World Alzheimer Congress held in Washington, 15–18 July 2000, ‘Creative care’. Contains abstracts, poster presentations and programme of events. Topics covered by the event are personhood, early stage needs, ethics, creating services in developing communities, massage and aromatherapy, nutrition and mealtimes, music therapy, volunteering, design, spirituality, dementia care mapping, validation, activity programmes, gardens, best practice standards, assessment, humour, residential care, experience of dementia, staff training, day-care, policy, sexuality, learning disability, ethnicity, and falls.

**Author** CORNELISSEN, M (ed)  
**Title** Consciousness and its transformation.  
**Abstract** Includes a chapter by K Krishna Mhoan ‘Spirituality and well-being: an overview’ which is an account, from an Indian psychologist’s perspective, of the relationship between spirituality and well-being, based on research evidence. He cites evidence to show that ideas or concepts drawn from spirituality can be effectively applied to counselling and psychotherapy.
Author: INTERNATIONAL ASSOCIATION OF GERONTOLOGY
Abstract: Abstracts of the conference papers presented at 'Global aging: working together in a changing world' the 17th Congress of the International Association of Gerontology held in Vancouver, 1–6 July 2001. Abstract topics include pharmacological treatment of dementia, patterns of agitation and behavioural problems among long-term care residents, care in the community for dementia, interventions for dementia agitation, improving services for people with dementia and their carers, negotiating personhood and dignity among people with dementia, depression, estimating the incidence and prevalence of dementia, family centred practices in long-term care, global developments in home care, quality of life, alternative models of care, diet, activities, personhood, environmental design, psychotherapy, music and spirituality, gerotechnology, nutrition, promoting independence, developing countries.

Author: TESTER, Sue et al (eds)
Title: Conference proceedings: Quality in later life: rights, rhetoric and reality.
Abstract: Proceedings of the British Society of Gerontology 30th annual conference, Stirling, 31 August – 2 September 2001. Papers on dementia and related topics include food, black and ethnic minority groups, advocacy, consent and research, spirituality, quality of life, smart housing, Gloucester Smart House, technology, grandparenthood, long-term care, ethics, risk, user involvement, communication, death and dying, staff training, education, dementia care mapping, specialist dementia units, driving, gender, assessment, empowerment, sexuality, reminiscence, early dementia, sensory stimulation, prevalence in underdeveloped world, home care, autonomy, primary care, environmental design, falling, music and quality of life, alcohol, well-being, depression.

Author: READ, Kate, PHILLIPS, Jill, TIBBS, Margaret Anne and JOHNSON, Alison M
Title: Dementia: Improving quality of life.
Abstract: Papers presented at a Leveson seminar in 2003 including an overview of the nature of dementia; practical hands-on examples of a person-centred approach based on research carried out at MHA Care Group, a consideration of the important issue of communication with people with dementia and an exploration of ways in which faith survives or fails to survive under this assault on the self. An additional paper looks at the importance of everyday activity for people with dementia and a bibliography suggests further reading in the field of dementia and spirituality.

Author: KILLICK, John, HAMMOND, Gaynor and KNOCKER, Sally
Title: Seeing the person beyond the dementia.
Abstract: Papers presented at a Leveson seminar in 2004. In 'Touching the strings at the centre of your heart: learning love from people with dementia, John Killick describes his work in communicating with people with dementia. Gaynor Hammond speaks of reminiscence and the memory box in 'Rediscovering the person through sharing memories' and in 'Reaching the parts that matter: connecting with the whole person through activities', Sally Knocker examines the needs of older people with dementia, suggesting that time, attention, human contact, conversation, a friendly smile are some of the most important gifts we can offer.
Training Packs

Author: METHODIST HOMES FOR THE AGED
Title: Quality Standards Manual (QSM) for care within a residential setting.
Abstract: Manual produced by Methodist Homes to assist in the implementation of a quality standards system in a caring organisation. Three areas are addressed: the setting out of clear principles, aims, objectives and standards for residential homes; suggested procedures to be followed in order to monitor, audit, inspect and evaluate services; and feedback to facilitate the development of new services and improve current ways of working. The manual is organised in three parts: the quality policy; care principles and standards; and references. Topics covered in the manual include dementia care, volunteers, training and staff development, risk assessment, abuse, purchasing, advocacy, spiritual care, dementia care mapping, wandering, aggression, restraint, sexuality, personal care, communication and activities of daily living.

Author: CHRISTIAN COUNCIL ON AGEING DEMENTIA PROJECT
Title: ‘Is anyone there’.
Abstract: A 20-minute video concerned with the spiritual needs of people with dementia designed as a training tool. Looks at issues such as the distinction between spiritual and religious needs. Accompanied by two booklets: one for care staff, ‘Spiritual needs: workshop leader’s notes’ which provides ways of assessing and tending to spiritual needs and the second for those with responsibility for the pastoral care of people with dementia, ‘Guidelines for worship and prayer’. Explores the need for ritual and has suggestions for leading worship.

Author: CHRISTIAN COUNCIL ON AGEING AND METHODIST HOMES
Title: Spiritual perspectives on ageing. A module for ministerial training.
Abstract: Manual produced by Sir Halley Stewart Age Awareness Project. It consists of a collection of papers intended to provide theoretical underpinning to pastoral encounters with ageing and aged people. It is organised in three sections: background papers, core papers and special concerns. It includes a section on ‘The challenge of dementia’ which looks briefly at personhood and theological issues. This is followed by suggested project work and a general bibliography.

Author: ALZHEIMER’S SOCIETY
Title: Quality dementia care in care homes – person-centred standards.
Abstract: Training material using standards developed through partnership between Alzheimer’s Society and Royal College of Nursing. The presentation is clear with action points and examples to illustrate the 38 standards. Unfortunately spiritual aspects of person-centred care are largely ignored in both the text and references and also in the suggested further reading.

Author: ALZHEIMER’S SOCIETY
Title: Making a difference in dementia care training.
Abstract: This manual is a training resource for dementia care training and consists of suggested ‘ice-breakers’, session plans, notes and diagrams. The exercises focus on dementia care but not spiritual care.
Author       ALZHEIMER’S SOCIETY
Title        Yesterday, today and tomorrow (video training package and manual)
Abstract     An expensive but comprehensive training package. Good video material, especially at the beginning. Disappointingly little on spiritual needs.

**Useful addresses**

Stirling Dementia Services Development Centre, Iris Murdoch Building, University of Stirling, Stirling, FK9 4LA, Tel: 01786 467740, E-mail: eileen.richardson@stir.ac.uk

CCOA Dementia Project, 19 Eldred Road, Childwall, Liverpool L16 8NZ

The Leveson Centre for the Study of Ageing, Spirituality and Social Policy, Temple House, Fen End Lane, Temple Balsall, Knowle, Solihull, West Midlands, B93 0AN.

MHA Care Group, Anne Dobson, Epworth House, Stuart Street, Derby, DE1 2EQ.

CCOA Publications, 19 Eldred Road, Liverpool, L16 8NZ.

FiEP, Gaynor Hammond, 29 Silverdale Avenue, Guiseley, Yorks, LS20 8BD.

Counsel and Care, Twyman House, 16 Bonny Street, London, NW1 9PG.